



Missouri Alzheimer's State Plan Task Force

Looking At The Past ... Planning For The Future

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Missouri Alzheimer's Disease and Related Disorders Task Force (1986–1989)

- ❑ HB1125 & 1127
- ❑ 3 years
- ❑ 20 members, chaired by Janet Ashcroft
 - 7 ex-officio members
 - 2 members of the Missouri House
 - 2 members of Missouri Senate
 - 9 members appointed by the Governor
- ❑ Produced 3 annual reports and a final report
- ❑ Passed 1 piece of legislation (SB 200)

Missouri Alzheimer's Disease and Related Disorders Task Force (1986–1989)

❑ Committees

- ❖ Conference
- ❖ Definition
- ❖ Incidence
- ❖ Insurance *
- ❖ Legislation *

- ❖ Pilot Projects *
- ❖ Program review
- ❖ Training *
- ❖ Medicaid *

❑ 12 legislative directives

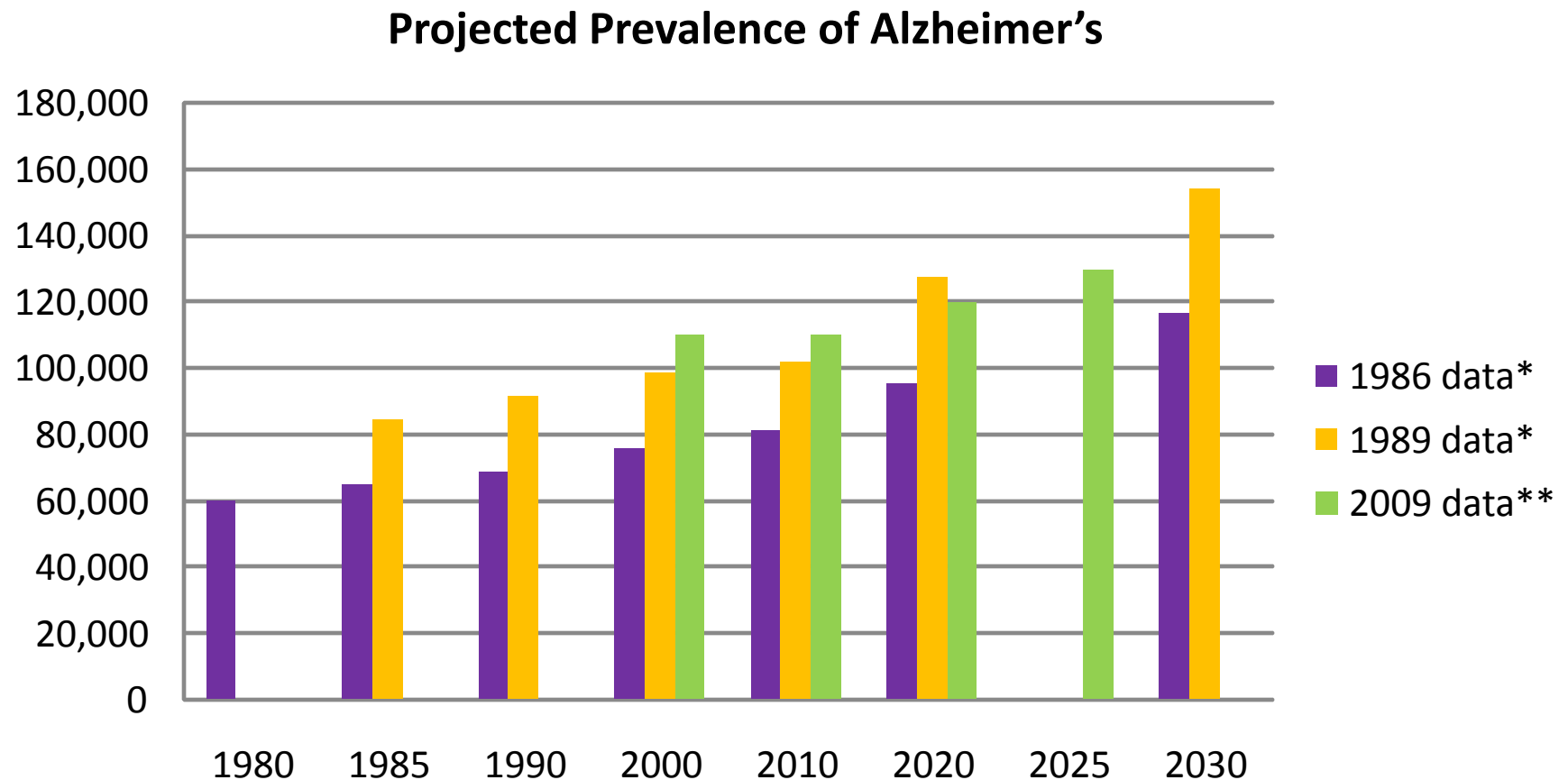
* Committees active during the third year of the task force

1) Statutory definition

“Alzheimer’s disease and related disorders are diseases resulting from significant destruction of brain tissue, and characterized by a decline of memory and other intelligent functions. These diseases include, but are not limited to, progressive, degenerative and dementing illnesses such as presenile and senile dementias, Alzheimer’s disease and other related disorders.”

(1987)

2) Statewide survey -prevalence



* 1986 and 1989 data from the reports of the Missouri Alzheimer's Disease and Related Disorders Task Force

** 2009 data from the Alzheimer's Association's *2009 Alzheimer's Disease Facts and Figures*

3) Examination of training and education of health care professionals (1986–1989)

Task force found the CNA training manual to be “archaic and incorrect”

Recommendations:

- ❑ Board of nursing home administrators required 5 to 20 CEU hours in patient care
- ❑ CNA curriculum revised
- ❑ Proposed legislation funding a MO Alzheimer’s Education and Training Center

Training and education (since 1989)

2001 - HB603 dementia training legislation

- ❑ #1 recommendation of families to improve care
- ❑ Individuals employed to care for people with dementia must be trained in dementia care
- ❑ In-home, home health, hospice, adult day, assisted living, residential care, nursing homes
- ❑ Nationally recognized legislation
 - ❖ CSG model legislation in 2007

2007 – SB616 dementia training for assisted living facilities

- ❑ Hours of training required during orientation and ongoing in- service training

4) Review of existing services (1986–1989)

Committee reviewed Medicare, Medicaid, social service block grants, Title III, and local private assistance programs

- ❑ None exclusively directed for persons with dementia
- ❑ Most not suited to the needs of persons with dementia

Alzheimer's Association Chapters

1989

- ❑ Five chapters operating primarily by volunteers with minimal paid staff

Today

- ❑ Four chapters that cover every county in the state
- ❑ Combined staff of 58
- ❑ Services: 24/7/365 helpline, respite assistance, care consultations, support groups, early stage programs, education and training, MedicAlert® SafeReturn®

Family caregiver support program

2000 amendment to the Older Americans Act

Administered through the area agencies on aging

5 basic services to assist and support family caregivers :

- ❑ Information about services
- ❑ Assistance in gaining access to services
- ❑ Individual counseling, origination of support groups, caregiver training
- ❑ Respite
- ❑ Supplemental services

2008: 36,000 individuals in MO received more than 170,000 units of service

5) Review Medicaid eligibility and recommend changes (1986–1989)

Committee identified spousal impoverishment as one of the greatest problems for individuals with a spouse in a nursing home

1988 - Catastrophic Protection Act

- ❑ Spousal impoverishment protections for nursing home residents
- ❑ Homestead exemption

Medicaid eligibility (since 1989)

1992 - Missouri Care Options

Right care in the right setting at the right time, at the right cost to the public

- ❑ Moderate growth of state funding for nursing facility placement
- ❑ Expand choice - in-home services, adult day care, residential care facilities
- ❑ Aged and disabled waiver
 - ❖ Spousal impoverishment protections for home and community services for qualifying individuals over 63
- ❑ State plan personal care program

Medicaid eligibility (since 1989)

1996 – PACE, Program of All Inclusive Care of the Elderly

- ❑ Preventive, primary, acute, and long term care services 24/7
- ❑ St. Louis only

1999 – Olmstead, Supreme Court

States required to provide community based services for persons with disabilities who would otherwise be entitled to institutional services

- ❑ Independent living waiver (under age 63)
- ❑ Consumer directed state plan personal care program
 - ❖ Because a person must self direct their care, not an option for most with cognitive impairments

Medicaid eligibility (since 1989)

2007 – MO HealthNet

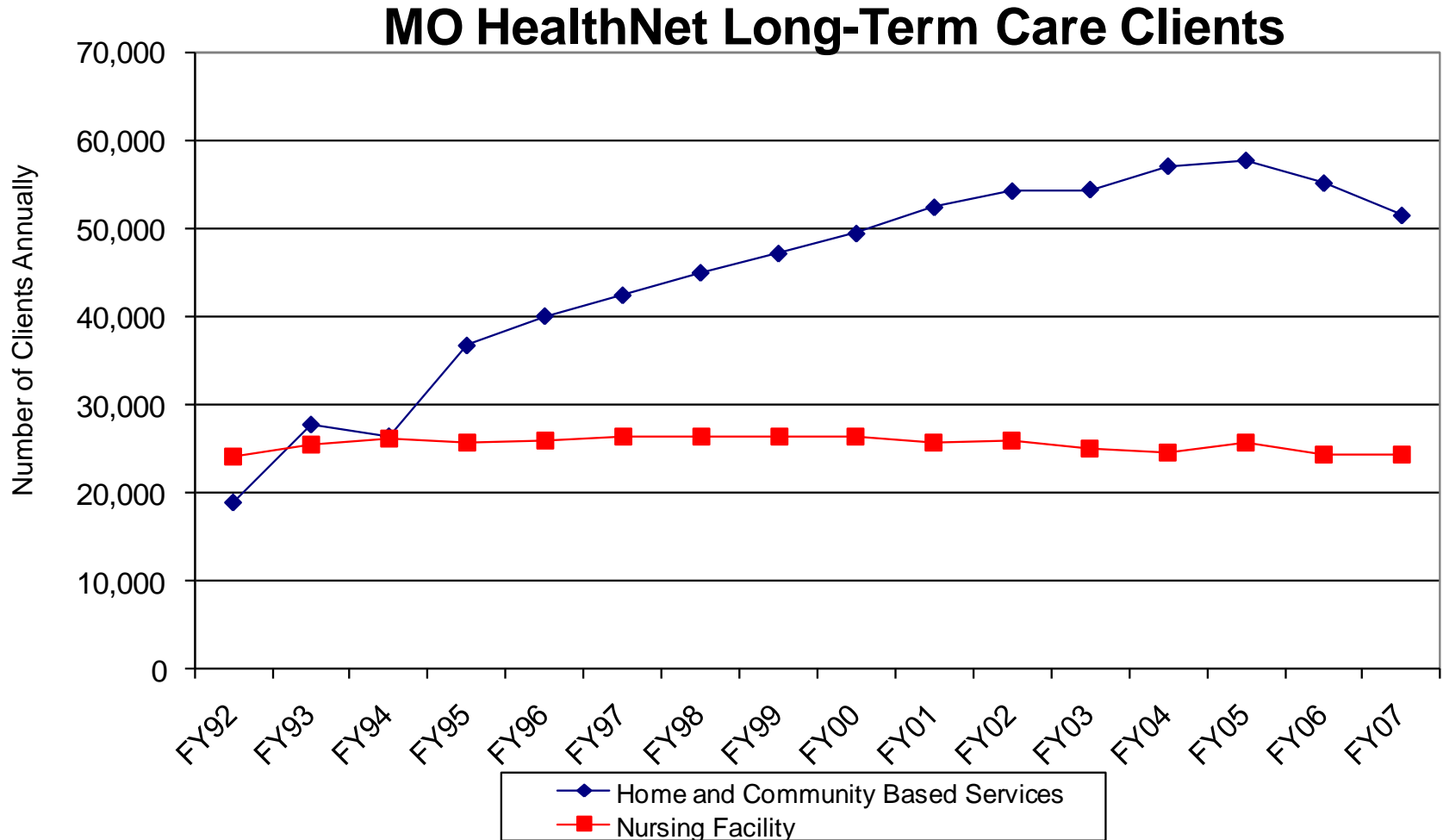
- ❑ Transformation of MO Medicaid to MO HealthNet
- ❑ Promotes participant choice and care in least restricted setting
- ❑ Comprehensive Entry Point

2009 – Medicaid Assisted living waiver

- ❑ Reimbursement based on levels of care
- ❑ Currently not funded

Percent of HCB LTC Participation

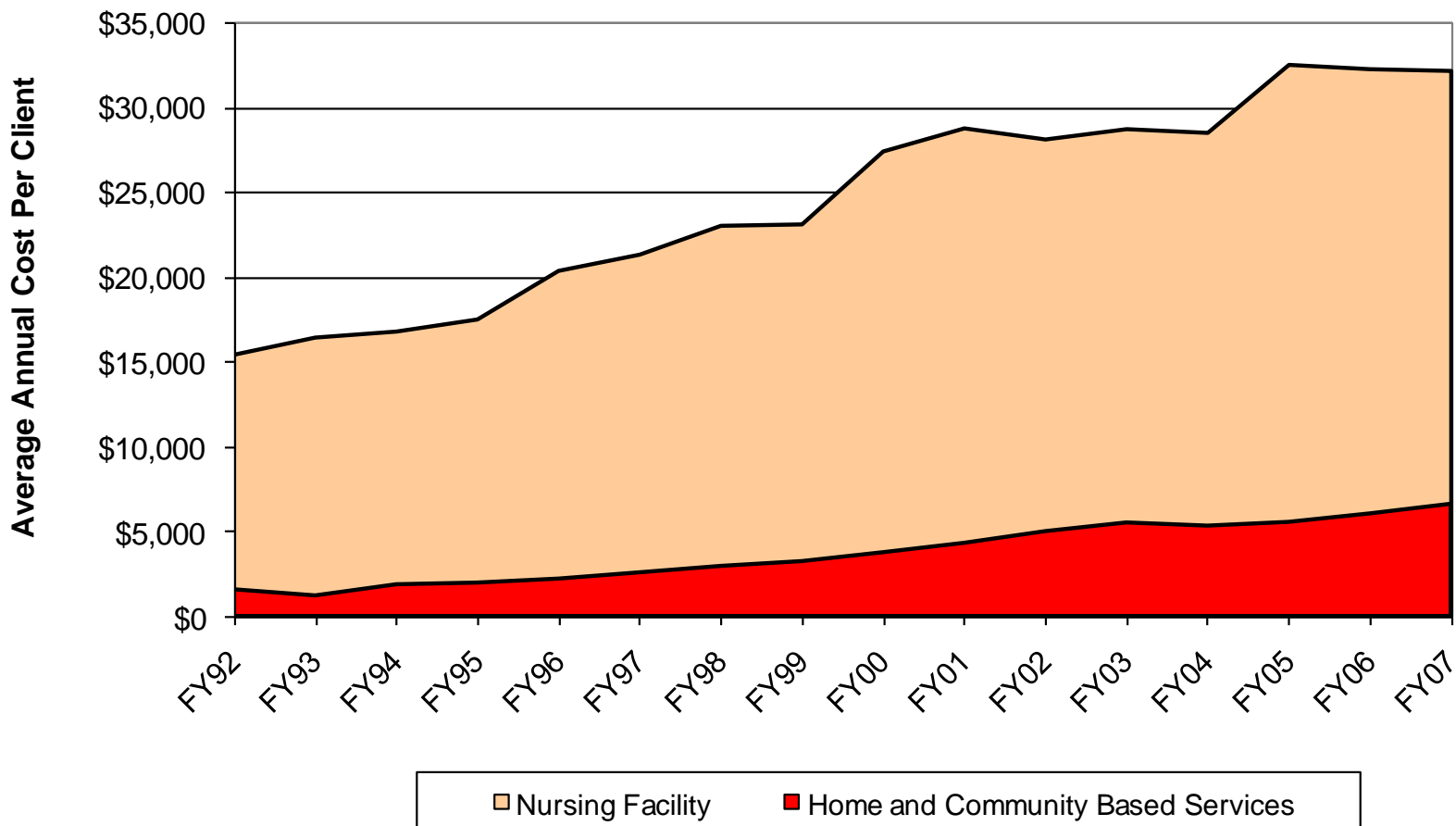
44.15% (1992) → 67.89% (2007)



Percent of HCBS LTC

7.45% (1992) → 30.27% (2007)

MO HealthNet Long-Term Care Costs



6) Availability and prospects of long-term care insurance (Then and Now)

Committee recommendations (1989):

- ❑ LTC insurance as part of state employee benefit plan
- ❑ Proposed legislation to develop minimum standards for long term care insurance

2007: Missouri Long Term Care Partnership Program

- ❑ Insurance / Medicaid partnership
- ❑ “Dollar for dollar” model - for every dollar a LTC policy pays out in benefits, a dollar of personal assets can be protected
- ❑ Launched June 2008

7) Central Registry (Then and Now)

Committee recommendation (1989):

- ❑ Establish a statewide toll-free Alzheimer's hotline (1987)
- ❑ Information on support groups, Alzheimer's Association chapters, other resource information
- ❑ Proposed legislation establishing the Alzheimer's Education and Training Center with statewide clearinghouse

2009:

- ❑ Alzheimer's Association's HELPLINE available 24/7/365

8) SB 200 Pilot Projects (Then and Now)

Committee recommendation:

SB200 (1987), legislation that established Alzheimer's Pilot Projects

1. *Alzheimer's Disease Research and Related Disorders Program*

- ❑ Focus on new research initiatives and new researchers
- ❑ University of Missouri, Board of Curators
- ❑ High return on investment
 - ❖ Missouri invested \$2.5 million in 120 projects
 - ❖ Nine of those projects alone produced over \$20 million in additional revenue coming for AD research in Missouri
- ❑ \$225,000 (currently not funded)

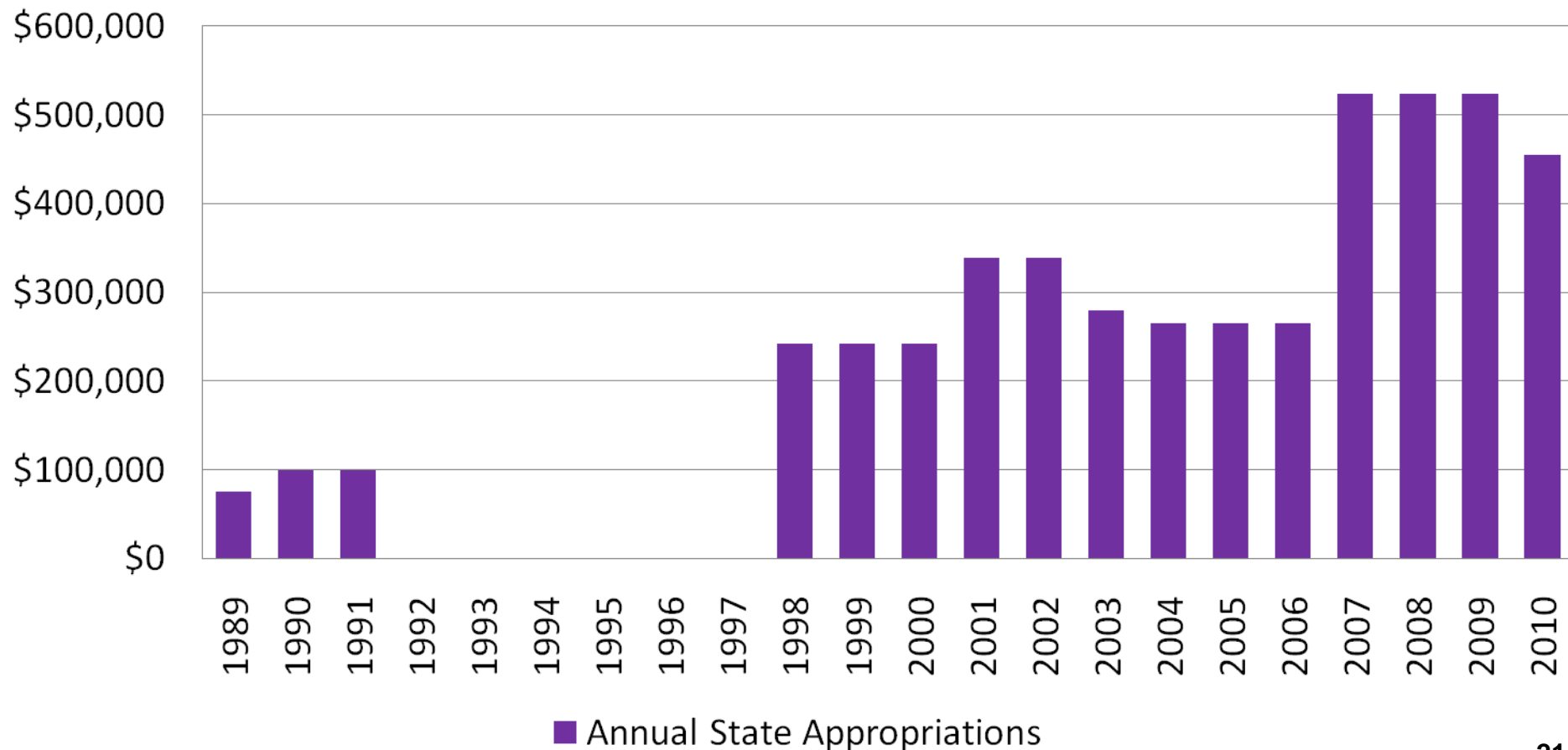
SB 200 Pilot Projects (Then and Now)

2. *Alzheimer's Service Grants*

- ❑ Focus on providing respite to family caregivers
- ❑ Respite assistance, care consultation, caregiver education, outreach to underserved communities, MedicAlert®+SafeReturn®, early stage initiatives
- ❑ Implemented throughout the state
- ❑ 28,000 people served in 2008
- ❑ Match for federal grants from the Administration on Aging

Alzheimer's Service Grant funding

**Alzheimer's Service Grants
1989 - 2010**



Federal pilot projects through AoA

Alzheimer's Demonstration Grants to States

- ❑ Missouri received grant funding in 2001, 2004, 2007, 2008
- ❑ \$2.1 million in federal funding to support Alzheimer's initiatives
- ❑ Nationally recognized early stage initiatives
- ❑ LEARN
 - ❖ Detection – AD8 pilot
 - ❖ Care consultation
 - ❖ Support, education, engagement

9) Statewide conference (Then and Now)

Objective (1989): Increase awareness and understanding of the impact of dementia on the victim, families, healthcare providers and community at large

- ❑ 1983 – 1997 statewide conferences held
- ❑ Partnership between Division of Aging, Alzheimer's Association, academic institutions, provider organizations

2009:

- ❑ Show Me Missouri
- ❑ MC5 for professionals
- ❑ Research updates, caregiver conferences, professional trainings offered by chapters, provider groups, others



Additional legislation and activities

Special care unit disclosure legislation

HB781 passed in 1996

All special care units or programs for residents with Alzheimer's must disclose to the state and consumers what is special about their SCU

- ❑ 213 units in the state
- ❑ No separate regulations
- ❑ Nationally, special care units represents less than 6% of all nursing home beds. Thus, most nursing home residents with dementia are not living in a SCU

Impaired driving legislation

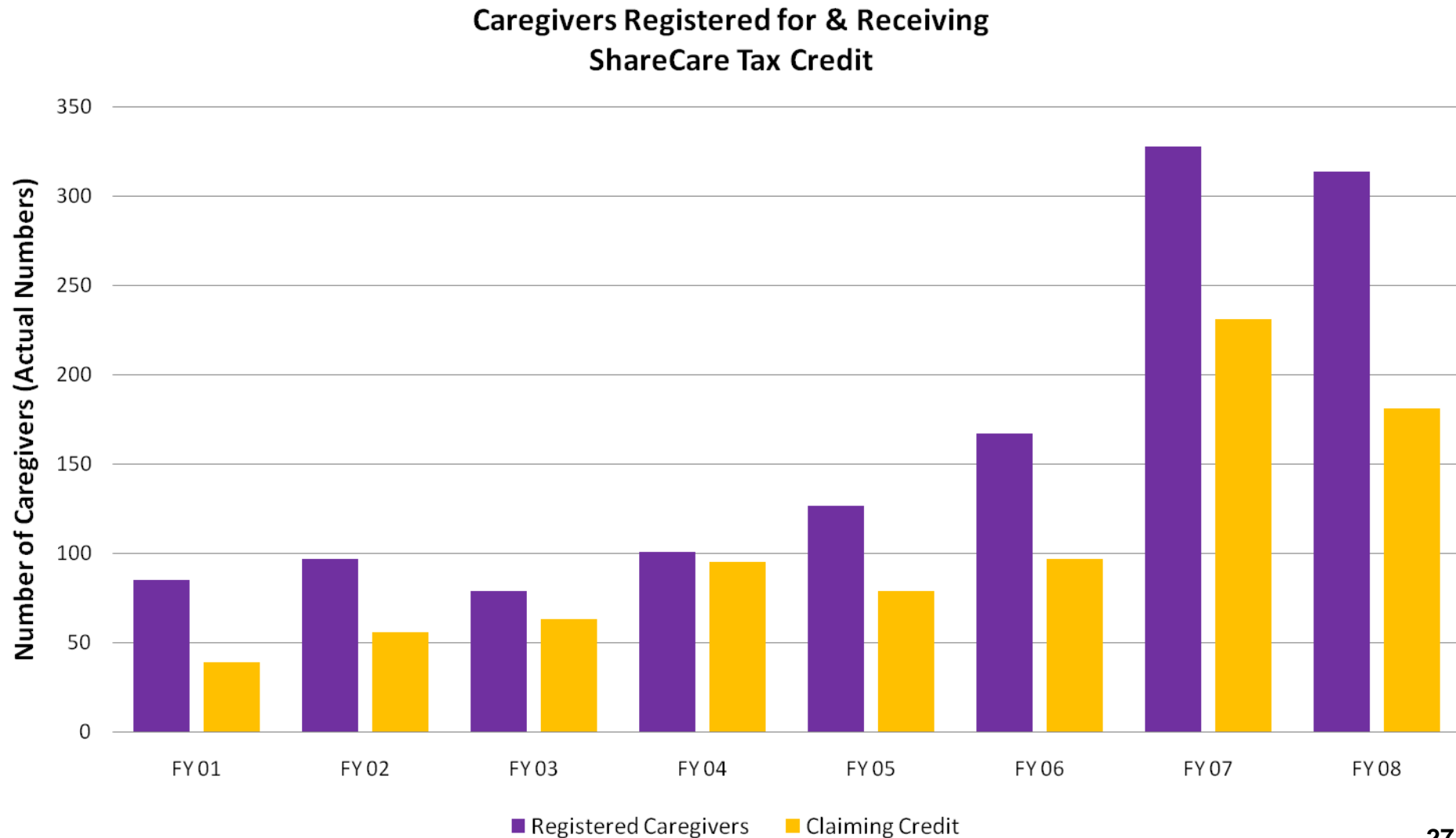
HB1536 passed in 1998

Family members, health professionals, others who have firsthand knowledge of poor driving skills may submit a confidential request for evaluation

- ❑ Model legislation
- ❑ About 900-1,000 reports filed annually from 2001-2005.
- ❑ Research: *Medical Fitness to Drive and a Voluntary State*, October, 2008

Share Care Program

HB316 passed in 1999



Alzheimer's Pilot Project

HB326 passed in 1999

Promote innovative models of residential care for persons with dementia

Provide data and input to DHSS on potential new licensure category

Outcomes:

- ❑ 4 facilities participated
- ❑ High level of family satisfaction and reduced staff turnover
- ❑ Less agitation, anxiety, physical/verbal acting out
- ❑ Fewer falls, psychotropic medications and hospitalized less

Assisted living

SB616 passed in 2006

New licensure category – ALF and ALF*

- ❑ ‘Social model of care’ services based on the abilities, desires, functional needs of the individual; promotes dignity, individuality, privacy, choice
- ❑ ‘Home like environment’
- ❑ Hospice
- ❑ ALF* meet higher care and safety standards

Licensure	Number of facilities	Census in Sept 09
ALF	79	2,289
ALF*	87	2,540

Alzheimer's State Plan Task Force

HB272 passed in 2009

Charged with addressing the challenges of Alzheimer's for future generations

- ❑ Assess current and future impact
- ❑ Examine existing services and resources
- ❑ Develop recommendations

Areas of focus:

- ❑ Type, cost, availability of services
- ❑ Dementia training
- ❑ Quality care
- ❑ Research
- ❑ Services/resources for persons with early stage, early onset, Down syndrome
- ❑ Public safety

Alzheimer's State Plan Task Force

HB272 passed in 2009

Nationally:

- ❑ 25 states currently working on state plans
- ❑ 9 states have plans: Illinois, Iowa, Kentucky, Michigan, Mississippi, Oklahoma, South Carolina, Tennessee, and Vermont
- ❑ http://www.alz.org/join_the_cause_state_plans.asp

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